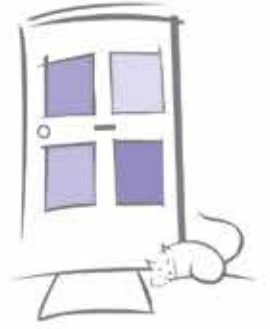
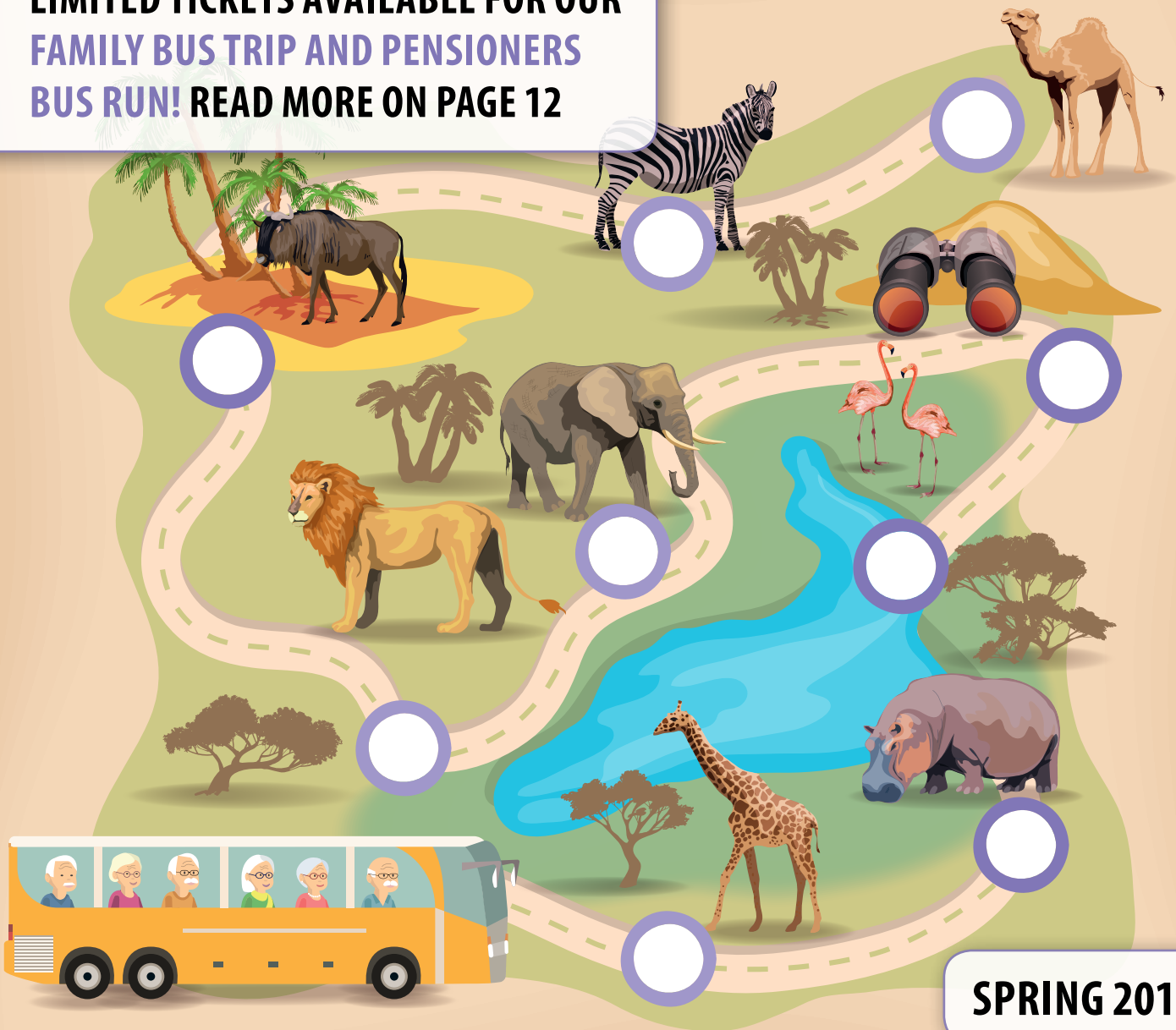


Cernach news

for customers of cernach housing association limited



**LIMITED TICKETS AVAILABLE FOR OUR
FAMILY BUS TRIP AND PENSIONERS
BUS RUN! READ MORE ON PAGE 12**



SPRING 2019

Director's Overview



Welcome to the Spring edition of Cernach News. A lot has been happening over the past few months since the last newsletter!

Our new development is well underway and it's coming along just fine. This development is in conjunction with GHA. Cernach has a total of 36 houses offering a mixture of houses and flats and will include wheelchair adapted houses. The process of allocating these houses hasn't been decided yet, however I can confirm as soon as we have know we will be contacting prospective tenants with an offer to view.

Our Maintenance team have also installed 22 new kitchens and boilers at Lochgoin Avenue and tenant feedback has been good. We are now in the process of converting cold water storage tanks to mains throughout the estate. The guttering works, close painting and external painting to a number of our properties are underway.

Staff in the housing management team have been very busy working with Universal Credit and have attended training so that they can confidently pass on our learnings to our tenants. We are also actively inspecting our back courts and conducting estate management checks, ensuring you are living in a clean and clutter free environment.

In addition to the above, our staff and Committee have been organising this year's community events – we are planning another Pensioners bus run in June and this year we are going on a Family bus run to Blair Drummond Safari Park. This will take the place of the annual Cernach Gala Day. For more information, please see inside for details. Tickets will sell fast so get in there quick. I can't wait to hear all about the 'monkey business' that will take place.

I hope you enjoy reading about what's going on with the Association and in the area in general. Please don't hesitate to pick up the phone, call into the office or even drop us a note online if there's anything at all that we can help you with.

Caroline

HOUSING MATTERS – WORKING IN PARTNERSHIP WITH OUR TENANTS

RENT INCREASE 2019/20

Tenants at Cernach Housing Association own and control the organisation. We depend upon your rent payments to manage the housing stock and deliver services to our community to maintain and improve your home and the local environment.

This year our Management Committee considered two options and consulted with tenants upon their views:

OPTION 1: 2.4%	76.5%
OPTION 2: 3.4%	23.5%

HOUSING MATTERS – WORKING IN PARTNERSHIP WITH OUR TENANTS

We had our best response ever from tenants who gave us their opinions. The majority of respondents voted for the 2.4% rent increase. Almost 15% of tenants gave us their opinions, which is the highest response we have had to the rent increase consultation. Thank you for taking time to reply to the Association and have your say.

You will know by now that we have agreed to the increase of 2.4% which takes effect from **1 April 2019**.

We would like to give tenants the opportunity to have their views heard on other services and policies, please let us know if you are interested in taking part in any Resident Panel meetings.

UNIVERSAL CREDIT, TAKE NOTE....

From 4th February 2019 claimants with 3 or more children are no longer exempt from Universal Credit.

If you have 3 or more children and have a change in your circumstances you will need to make a claim for Universal Credit. If you think you will be affected by this change please speak to your Housing Officer immediately.

From 15th May 2019 Mixed Age Couples will no longer be able to make new claims for Pension Credit and/or Housing Benefit.

At the moment mixed age couples i.e. where one is working age and the other is pension age have a choice - they can claim Universal Credit **OR** they can claim Pension Credit, Housing Benefit and/or Tax Credits instead.

However, from **15th May 2019** (earlier than expected) mixed age couples will no longer be able to make new claims for Pension Credit and/or Housing Benefit. Instead, if they need a financial top and/or help paying their rent they will need to claim Universal Credit.

The big issue here is that the majority of mixed age couples are at least* £130 a week worse off on UC compared to how much PC and HB!

For couples - not taking account of any rent - the level of Universal Credit is £114.85 a week, compared to Pension Credit which will be £255.25 a week (**from April 2019**), up from a current £248.80.

Those mixed age couples already on Pension Credit and/or Housing Benefit will not need to move onto UC while they remain entitled i.e. unless there is a break in their entitlement.

And those mixed age couple already on Universal Credit can - before **15th May 2019** - end their UC claim and claim Pension Credit, Housing Benefit and/or Tax Credits instead if they would be better off. This could make a significant difference to their weekly income for several years.

There are still many pensioners who don't claim the Pension Credit / Housing Benefit they are entitled to - with around £3 billion a year in Pension Credit going unclaimed. Some of those missing out will be mixed age couples. So it is important to ensure these couples claim as soon as possible.

Mixed age couples who are only in receipt of Housing Benefit will have to think carefully before moving! If that move is to a new Local Authority area, then from 15th May, that will trigger a claim for Universal Credit. Which, if entitled (and they may not be because UC is a less generous benefit), will require them both to agree and sign a claimant commitment, and may mean the working age member of the couple has to undertake work related activities i.e. look for work, as a condition of receiving the UC they are entitled to.

All mixed age couples not already on Pension Credit and /or Housing Benefit should see if they can claim. We know that **4 in 10 households** who could qualify for Pension Credit fail to make a claim! If they make the claim before **15th May 2019** - even if they are awarded just 50p a week - this could then protect them from having to move onto UC if they have a change in their circumstances.

If you are unsure if this affects you, please do not hesitate to contact your housing officer who will be only too happy to help!



UC Universal Credit

HOUSING MATTERS – WORKING IN PARTNERSHIP WITH OUR TENANTS

RESIDENT SATISFACTION SURVEY 2018

Every three years the Association undertakes a resident satisfaction surveys with our residents to gauge levels of satisfaction and help us to continuously review and improve the services we provide to our residents.

Last year the Association engaged the services of Knowledge Partnership to conduct our resident satisfaction survey on our behalf. During October and November 2018 face to face interviews were carried out with Cernach Housing Association residents.

380 tenants answered the survey and 84 owners were also interviewed. We would like to thank all those who contributed to these surveys. We have reported the findings to the Management Committee and Staff and we are delighted with the results.

The key findings from the report focuses upon eight of the Scottish Housing Regulatory Indicators, the table below demonstrates the outputs from the report:-

Indicator	Area	Cernach Housing 2018	Cernach Housing 2015	Average RSL based on May 2017
1	Satisfaction with overall services provided by Cernach	90%	92%	90%
2	Kept informed about services and decisions	97%	98%	92%
6	Satisfaction with opportunities to participate in decision making process	85%	96%	84%
10	Satisfaction with overall housing quality	82%	82%	89%
16	Satisfaction with repairs and maintenance service	89%	88%	94%
17	Satisfaction with neighbourhood management	91%	91%	88%
29	Rent value for money	90%	85%	82%
33	Satisfaction with overall factoring service	79%	83%	66%



GET YOURSELF COVERED – WHY IT'S BENEFICIAL TO HAVE CONTENTS INSURANCE

THISTLE INSURANCE SERVICES

Contents insurance is insurance that covers damage to, or loss of, an individual's personal possessions while they are located within that individual's home. Some contents insurance policies also provide restricted cover for personal possessions temporarily taken away from the home by the policyholder.

It is the tenant's responsibility for all internal decoration within their home. This includes wallpaper and floor coverings such as laminate and carpet: Let's look at the scenarios below to explain further.

Example 1: There is a leak from the flat above which causes your wallpaper to bubble.

Example 2: Your central heating system has a leak and develops under the floor which has a laminate covering, care will be taken to lift the flooring, but it cannot be guaranteed that the laminate will be useable.

In both these cases Cernach Housing Association is not responsible for replacing either the wallpaper or laminate flooring. It is for cases like this that Cernach Housing Association recommends that all tenants have Contents Insurance in place covering the replacement of belongings, including decoration.

Tenants can contact any insurance company however Thistle Insurance Services offer services to housing association tenants. We also have copies of Thistle Insurance Services policy booklets in the office. If anyone would like one please pop into the office or call us and we can post one out.



ENERGY EFFICIENCY

WOULD YOU LIKE TO TRY A NEW WAY TO CONTROL YOUR HEATING SYSTEM?

Cernach Housing Association is asking tenants if they are interested in taking part in a pilot of a new control system for their central heating.

In most of our houses the gas central heating and hot water can be turned on and off by programming a time clock. Research has shown that many people actually don't use the time clock and prefer to manually switch their heating on and off as required. This may not be the most efficient or comfortable way to heat your home.

There are now a number of alternative heating controllers that use new technology to control home heating systems. Cernach Housing Association has been considering piloting one of these systems, called 'Switchee', which has been specifically designed for the social housing sector.

Switchee's manufacturers claim they can lower bills whilst keeping you comfortable. Switchee's automatic learning makes it able to work for you. Each Switchee has five sensors – temperature, light, humidity, motion and air pressure. By combining sensor information with times that you adjust your heating, Switchee builds the best heating profile for

your home. After a few weeks, Switchee will learn when to turn your heating on and off so you don't have to.

With your permission, Switchee can also be used to help Cernach do a better job of looking after your home. Alerts for things like damp and condensation, poor insulation or failing heating system can be passed back to the right teams, so they can deal with them quickly.

You can find out more on the Switchee web site: <https://www.switchee.co/how-can-we-help/>

If you think you would be interested in participating with a pilot project, then please let us know by contacting reception or emailing: Siobhan@cernachha.co.uk.



RECYCLING MATTERS

Litter dropped on our pavements is unsightly. Zero Waste Scotland has reported that Scotland collects 15,000 tonnes, or 250 million items of litter per year. That is 475 items dropped every minute. Keep Britain Tidy stated that "litter is one of the first signs of social decay. If we don't care about litter on our street, in our parks or on our high streets, we are unlikely to care about other environmental issues that negatively impact on our lives, our communities and our society."



Areas that have a litter problem can lead to residents not feeling happy living there and can lead to them not wanting to spend time there. The area can look uncared for and as a result community spirit suffers.

Carelessly discarded rubbish attracts vermin such as rats which leads to a health hazard. Discarding rubbish in the street poses a danger to animals that may ingest it. The Scottish SPCA receives on average 14 calls a day about animals affected by litter and these calls spike in the summer months. Animals can climb inside plastic bags and suffocate, or attempt to eat them and choke, they can also get entangled in plastic can holders, and suffer deep wounds or choke. Animals looking for food can get trapped in discarded cans or injured by sharp edges. Elastic bands can wrap around small animals and the beaks of birds. If swallowed they can also cause choking. Broken glass can also cause serious injury.

Fly tipping and littering creates unnecessary work and financial implications for Glasgow City Council who have to lift the litter dropped on our streets. According to a report by Zero Waste Scotland "Scotland spends at least £53 million of public money on litter and flytipping each year. The vast majority of identified spend comes from local authorities. Local authorities spend £45 million on clearance (just over £36 million for litter, and £8.9 million for flytipping), £6.5 million on enforcement (£4.5 million for litter, and £2.0 million for flytipping), and £0.86 million on education and awareness (almost all relating to litter)."

Cernach Housing Association has also been financially impacted by poorly discarded rubbish and fly tipping. Money from the Association's budget has to be used to clear back courts from discarded items and burst bin bags. This money could be better spent on other areas of the business such as improving the quality internally of our housing stock or upgrading communal gardens.

Cernach would like to request that all residents use litter bins situated throughout Drumchapel to dispose of waste. If residents are not passing a litter bin please consider the environment and recycle your rubbish correctly when you get home.

If any residents are missing any recycling bins or if any have broken recycling bins please telephone Glasgow City Council on 0141 287 9700 or alternatively report this via their website: <https://www.glasgow.gov.uk> > **Bins and Recycling** > **Request replacement/additional/new recycling bins**.

Cernach Housing Association is here to support all tenants and factoring owners to live in a clean, safe, environment and we hope to receive co-operation from everyone.

DON'T STORE ITEMS IN CLOSES

If a fire was to break out in your flat or close would it spread quickly?....It certainly would if you or neighbours leave household items, bags of rubbish etc lying at your front door or on the landings and in the close.

Anything left lying around would also prevent you, and especially your vulnerable neighbours or those with children, from escaping from danger quickly and safely. Smoke and fumes from these items could get into your flat and severely injure or even kill you and your family.

Please do not put yourself, your family or neighbours at risk. Do not leave bulk or rubbish lying around your close, dispose of it properly.

Additional close inspections are now taking place and if you continually fail to remove items from your close following warnings, these items will be removed and disposed of.



HELP IS AT HAND

BEST START GRANT

The Pregnancy and Baby Payment is the first Best Start Grant payment you can apply for:
Other Best Start Grant payments you can apply for from Summer 2019



As well as the Pregnancy and Baby Payment, by Summer 2019 you'll also be able to apply for:

Early Start Payment

School Age Payment

Best Start Food

Young Carers Grant

Funeral Expenses Assistance

Early Learning Payment

The Early Learning Payment will be a payment of £250 per child. You'll be able to apply between your child's second birthday and six months after their third birthday.

School Age Payment

The School Age Payment will also be a payment of £250 per child. In the year your child normally starts school, you'll be able to apply from 1st June, up until 28th February of the next year.

What you need to apply

- your name, date of birth and address
- if you have a partner, their name and date of birth
- your bank, credit union or building society account details - you can be paid the Pregnancy and Baby Payment in the same way you're paid for your other benefits if you do not have one of these accounts - if you want to request this call **0800 182 2222** (freephone, 8am to 6pm, Monday to Friday)
- details of any children you have or care for



www.mygov.Scot/pregnancy-and-baby-payment

GIVE YOUR FINANCES AN MOT

MONEY TIPS ON HOW TO GET A BETTER DEAL

With the cost of living increases, it is time to get smarter and get more from your money. Here are some tips and ideas to get more for less:-

Sign up to MoneySavingsExpert.com which is Martin Lewis's weekly savings group which lets you know the best freebies, discount codes, savings and energy deals.

Switch energy supplier – household can save 100's of pounds if they move gas, electricity or both. Shop around for the best deal.

If buying goods online why not consider using a cash back web site which pays you money when you shop online such as quidco.com.

Contact your telephone and broadband supplier to check you are on the best deal. If you are not satisfied with the package they are offering, look at their competitors to see what they can offer and switch. Using uswitch.com could

help you with further information on the best deals on the market.

Further Useful Household Tips

- Washing at 30 degrees can reduce your washing machine's energy use by 40%. Meaning a saving for you in your energy bills.
- Turning off electrical appliances when not in use, can save energy rather than keeping them on standby.
- Switch light bulbs to energy saving bulbs, reduces energy costs and they also last longer.
- Pay monthly bills by direct debits and you could receive discounts based on the service provider.
- Switch to own brand labels rather than well known brands, as they deliver the same results!
- Speak to your housing officer at the office and we can help you complete an income and expenditure to help you make the most of your income.



Every little helps, so think smarter, spend wiser!

ESTATE MANAGEMENT

WHAT GOES IN WHICH BIN?

Glasgow City Council has provided residents with bins for recycling.

The Blue bin is for the collection of paper, card, plastic bottles and food/drink can.

You can recycle the following items in your blue bin:

- Mixed papers - newspapers, magazines, journals, junk mail, brochures, catalogues, directories, yellow pages, envelopes
- Cardboard - cardboard boxes, card packaging
- Plastic bottles - milk bottles, drinks bottles, sauce bottles, shampoo bottles, cleaning product bottles
- Food and drink cans - steel cans, aluminium cans, food tins, empty aerosol cans

What you should not place in your blue bin

If you place items, other than those listed above, you will adversely affect the quality of the material sent to our recycling which can result in material not being recycled. So please do not put the following items into your blue bin:

- General waste/food waste
- Glass bottles
- Yoghurt pots
- Tetra paks
- Plastic bags
- Margarine/butter tubs
- Cartons
- Foil
- Books



Residents wishing to recycle glass – cannot place glass in the blue recycling bins. Flatted properties can either place glass in their household general waste bin or the nearest glass recycling point which can be found at **Sainsbury's bottle bank located in Great Western Retail Park.**

If you would like any further information on bins please contact Glasgow City Council at www.glasgow.gov.uk and select Bins and Recycling.

ASSISTED GARDEN MAINTENANCE

If you have a garden and you are finding it more and more difficult to keep on top of the grass and hedge cutting as a result of age or disability you can apply for the Assisted Garden Maintenance Scheme.

This scheme is run by Glasgow City Council and to qualify you must be between 16 and 69 years old and have a permanent medical condition or be over 70 years old. You must also be registered for Council Tax and have no able bodied residents in your home.

You can apply direct to Glasgow City Council on **0141 287 5064**, download an application for online by contacting www.glasgow.gov.uk or contact our office and we can provide a form for you.

If you have a disability you must also be in receipt and have proof of the following: Blue Badge, Registered Blind or Disability Allowance or PIP.

HAVE YOU REGISTERED YOUR PET?

We have recently had a number of tenants requesting permission to keep a pet after already getting one. This is a breach of tenancy conditions.

The Tenancy Agreement states that tenants must get "**Prior permission from the Association using the appropriate "Permission To Keep A Pet" application form**".

Pet Application/Registration forms can be obtained in our office and once completed an approval or refusal letter will be sent (if the pet is refused then an explanation will be given).

Permission will not be unreasonably withheld by the Association to keep a domestic cat or dog however the Association will withdraw permission and require removal of the pet if it causes nuisance or damage. The tenant will then be required to make alternative arrangements for the pet.



MAINTAINING YOUR HOME

PREVENT CONDENSATION IN YOUR HOME

As the weather starts to get warmer, remember to take the following steps to minimise condensation which can lead to further problems in your home.

Where will you find condensation?

Condensation is surface dampness. It can build up on almost any cold surface within your home but is most common on:-

- The inside of windows
- External walls (especially those that face north)
- In the corner of rooms
- In or behind cupboards or wardrobes

What are the causes?

- Producing too much moisture in your home
- Not enough ventilation
- The temperature of your home is low

Why is it a problem?

If condensation build up regularly, surfaces can stay damp for a long time. When this happens, mould can begin to grow on walls and ceilings, furniture, clothing stored in wardrobes and drawers and on soft furnishings e.g. cushions and curtains. When weather is warm, condensation is less of a problem as we are more likely to have our windows and doors open, which allows moisture to escape. But when the weather turns colder, we tend to keep windows and doors closed to keep the heat inside. This is when condensation and mould can become a problem.

What steps can you take?

- Keep your property well ventilated by opening your windows on a daily basis to allow moist air to escape.
- Keep window trickle vents open.
- When using your kitchen or bathroom, keep the door closed, where possible, so that moist or stale air is contained within the room. After a bath or shower, open the window to ventilate the room.
- Keep a small gap between walls and furniture, particularly against 'cold walls', and allow ventilation of any cupboards to keep air flow moving.
- Dry clothes outside. If this is not possible, put them in an enclosed room with plenty of ventilation and keep the window open. If using a tumble dryer, make sure the vent pipe runs outside your property or out a window.
- When cooking keep all pots and pans covered and avoid leaving anything to boil for too long. This is especially important when using a slow cooker.
- Leave the window open or use an extractor fan switched on for 15 minutes after you have finished cooking to allow the steam to clear.
- Make sure you don't block any air vents or air bricks in your property.
- Try to keep heating levels within your property at a constant temperature as it is cold air that causes warm air to release moisture.
- Finally always wipe away and remove overnight condensation from windows. Bedrooms, in particular, can have condensation form on the 'cold' glass surface. This is not particularly unusual in the winter months. The vapour is caused by human breath whilst we sleep.

FIRE SAFETY

Please be reminded that Scottish Fire & Rescue Service offer a free home fire safety visit to everyone in Scotland as part of their commitment to building a safer Scotland and to reduce the risk of a fire within your home.

You can arrange this by:

Calling 0800 0731 999 | Texting "FIRE" to 80800 from your mobile phone | Calling your local fire station



MAINTAINING YOUR HOME

SMOKE AND CARBON MONOXIDE ALARMS

Safety in the home is a priority.

Cernach Housing Association carry out annual Gas Servicing which checks the maintenance and safety of all your gas appliances.

At the time of these visits we also check and maintain the smoke and carbon monoxide alarms in your home. We check that they are operating and to check if they are due for renewal.

However, this is an annual check and it is very important to maintain your own personal safety that you carry out the following simple actions:

Never paint over your smoke alarm or carbon monoxide alarm.

Always check your smoke alarm is operating satisfactorily on weekly and, at worst, monthly basis. This is simply done by pressing the test button on your alarm.

Never remove the battery unless replacing it.

CO Alarms: A carbon monoxide detector should be at a horizontal distance of between 1m and 3m from the potential source. Apparatus located in sleeping rooms or located in rooms remote from the fuel-burning appliance should be located relatively close to the breathing zone of the occupants.

Do not Place your CO Alarm directly on top of or directly next to your boiler.

Always report any fault with your alarms right away.

Do not remove the alarm.

NEWS UPDATE:



The Housing Scotland Act has been revised to include introduction of Smoke and CO Alarms to the tolerable standard. This will come into force on 1st February 2021. Housing Associations have until that date to upgrade their properties to meet the new standard.

Cernach Housing Association will commence works in the coming financial year to carry out the appropriate works to meet the new standard.

The new requirement is for:

- One smoke alarm installed in the room most used for general daytime living purposes (normally the Living Room/ Lounge)
- One smoke alarm in every circulation space on each storey, such as hallways and landings.
- One heat alarm installed in every Kitchen
- All smoke and heat alarms to be ceiling mounted
- All smoke and heat alarms to be interlinked.

WHY CLOSING THE BEDROOM DOOR AT NIGHT COULD SAVE YOUR LIFE

This simple choice could mean life or death in the event of a house fire.

Your **nightly routine** can (and should) include brushing your teeth, washing your face, and getting into comfy PJs, but new information shows that most Americans skip a very important step before climbing into bed.

Nearly 60% of people sleep with their bedroom door open, according to a recent survey conducted by the safety science organization **UL**. That simple choice could mean life or death **in the event of a house fire**, as a closed door can slow the spread of flames, reduce toxic smoke, improve oxygen levels, and decrease temperatures.

With the increased use of synthetics in furniture and home construction, closing the door could make all the difference when it comes to getting out safely. The average time to

escape a home fire has **gone from 17 minutes to just three minutes or less** in the past few decades due to flammable materials and contemporary open floor plans.

It's not only about a lack of awareness. Most people who sleep with the door open do so because they mistakenly believe it's safer — but it's the exact opposite of what firefighters recommend. That's why the **UL Firefighter Safety Research Institute (FSRI)** has launched a new public safety effort to coincide with **National Fire Prevention Week**, going on right now.

The **"Close Before You Doze"** campaign aims to share how closed doors can help save people's lives. In one eye-opening demonstration, the group showed how a fire burns in a closed room versus an open one. The side-by-side video footage reveals what an impact a door can make.

COMMUNITY CORNER 'SOMETHING TO BLETHER ABOUT'

We had a cracker of a time leading up to Christmas Holidays and it wouldn't have been a success without YOU! Don't take my word for it, here's what your neighbours said:

"I loved meeting Santa"
"it was great, Coco the clown played good games"
"I got a selection box from Santa, it was yummy!"

"Meal was lovely and got nice chocolates"
"Friendliness, people, cater for dietary requests, good for community"
"Community Spirit, meal, girls were great"

OUR CHRISTMAS COMPETITION WINNERS!

In the winter edition of the Cernach News we had a number of competitions on the run up to Christmas. We are pleased to announce our winners and would like to thank all those who participated!

The winner of our Christmas children's word search competition was:

Mark McCluskey of Dunkenny Road (8 years old)



CHRISTMAS EVENTS!

On Thursday 6th December we held our annual Christmas Pensioners Lunch at Olivers Function Suite. As ever, the event was a jolly success. Tenants from Cernach Housing Association, Kingsridge Cleddans Housing Association, Pineview Housing Association, Drumchapel Housing Co-op and Kendoon Housing Association all came together to have a Christmas dinner and a couple of games of bingo and a great raffle.

We'd like to thank all our residents who attended and make the day such a great success.

We also had our Kids Christmas Party on Tuesday 18th December at St Mark's Hall. We were happy to see such a big turnout of children and parents at the event. We had lots of magic, dancing, sweets, elves and not forgetting Santa with his presents for all the kids! Thanks to all those who attended and we look forward to hopefully seeing you all again at the 2019 Christmas party!



WHAT'S COMING UP?

PENSIONERS ANNUAL OUTING TO LARGS!

We've listened to your feedback again and as a result our Resident Panel have decided to return to Largs for our annual coach trip. There is a high demand for this popular event and I'm sure our pensioners will be thrilled to hear that this year will be no different. The feedback we receive regarding this event is fantastic, so thanks for your continued support and positive feedback. This shows you the importance of completing our feedback form. We will have two buses going down; a standard 52 seater coach and a small 16 seater mobility bus.

Tickets are limited and once they're gone they're gone - so grab your tickets now from our office to avoid disappointment! Please indicate if you require a seat on the mobility bus.

WHEN? MONDAY 3RD JUNE 2019

TIMES? LEAVING CERNACH OFFICE AT 9.30AM AND RETURNING AT 3.30PM

WHERE? LARGS

COST? £3.00 PER TICKET (TICKETS ONLY)

LUNCH? LUNCH IS INCLUDED AT NARDINI'S, LARGS

We hope it will be a nice sunny day, so come along for a walk along the beach (weather permitting!) or a trip around the shops! And don't forget your sun hat and sunscreen!



CERNACH FAMILY TRIP TO BLAIR DRUMMOND SAFARI PARK

"We're all going on a Summer Holiday" well we are for one day at least. We have listened to tenant feedback and have decided on a great idea of a Family Day Trip to Blair Drummond Safari Park. This will be a perfect opportunity to enjoy the outdoors, experience real live wildlife and build on our great community spirit. There will be 2 coaches hired to take us all there.

As you can imagine, this will be a popular event and tickets will be limited and strictly for Cernach Tenants and their kids. So don't delay and pop into the office to secure your family's place.

WHEN? FRIDAY 2ND AUGUST 2019

**TIMES? LEAVING CERNACH AT 9.15AM
AND DEPARTING AT 4.00PM**

WHERE? BLAIR DRUMMOND SAFARI PARK

COST? £4.00 PER ADULT

**£2.00 PER CHILD. KIDS ARE UP TO
16YRS (STRICTLY CERNACH KIDS,
HOUSEHOLD DETAILS WILL BE CHECKED)**

**LUNCH? YOU CAN TAKE A PICNIC, PACKED
LUNCH, PORTABLE BBQ. THERE'S ALSO
RESTAURANTS ON SITE.**



OUR ANNUAL GARDEN COMPETITION IS GROWING AND FLOURISHING!

Last year, we were pleased with the number of entries into our garden competition and we would like to continue to build on that success! If you would like to enter this year simply call us on **0141 944 3860** or email **admin@cernachha.co.uk**.

Judging will take place on August 2019.

The categories this year will be:

- **Best Garden (£50 prize)**
- **Runner up Garden (£30 prize)**
- **2 x Merit Certificates (£20 prize each)**



WHAT'S COMING UP?

DRESS DOWN FRIDAYS!

If you've been in our office on a Friday you might have noticed that staff have swapped their suits and ties for jeans and jumpers! Cernach staff are wearing casual clothes to work one day each week and donating money to a chosen local charity in return at the end of the year!

This year we have donated a total of **£590 to the building of a Summer House at Graham Anderson Brain Injury Unit** in Springburn. One of our tenants family members attends there and obtained fantastic support and rehabilitation. The summer house will provide a calm, open space for families to bond and spend precious time together which in turn motivates well being and aids recovery for the attendee (patient). A small step with a big impact!

AGM DATES!

This year our Annual General Meeting (AGM) will be held in our office on Monday 26th August 2019 at 7pm.

Please note photographs taken at our events including the AGM may be used for future Cernach publications therefore if you are not happy for your photograph or a photograph of a family member to be put into any of our newsletters or website please let a staff member know at the event.

ATTENTION ALL FACE BOOKERS, HAVE YOU REQUESTED TO BE OUR FRIEND, WE WOULD LOVE TO BE YOURS!



Join us on Social Media! A really easy way to keep up to date with all the Association's activities and news is through Social Media. Like our facebook page: www.facebook.com/CernachhousingAssociation. Also check out our website www.Cernachha.co.uk. We would love for you to like us, comment on us, send us an emoji. Come on you know you want to.



ARE YOU DIGITALLY AWARE? GIVE US YOUR FEEDBACK!

At Cernach the Corporate Services Team are in the process of giving our website its very own spring clean. We are interested in hearing what our tenant's would like to see on the new website, what needs improving and what needs evicted! You know what they say out with the old in with the new.

If you have any idea's please contact the office either by phone, email admin@cernachha.co.uk or even pop in for a wee chat, we would love to hear your ideas.



OFFICE CLOSURE

We want to make sure you get plenty of notice about when we plan to close the office during May, July and September this year.

The office will be closed on the following dates and you should use the contact details provided during this time.

MONDAY 6TH MAY FRIDAY 24TH MAY MONDAY 27TH MAY FRIDAY 12TH JULY
MONDAY 15TH JULY FRIDAY 27TH SEPTEMBER MONDAY 30TH SEPTEMBER

During these times please contact City Building for emergency repairs & gas central heating repairs on the following number: - **0800 595 595**



DRUMCHAPEL AWARDS POSITIVE MALE ROLE MODELS

THRIVING PLACES

“A MAN’S A MAN FOR AWE THAT”

On Friday, 25th January, several community organisations joined together to celebrate men who have made, and in many cases continue to make, a difference in Drumchapel. Whether at home or in the community as a dad, granddad, brother, son, husband, neighbour, whatever, on this night the community nominated men in the community who are important role models to follow. Each nominated person was presented with a certificate of recognition and we all enjoyed a healthy “haggis, neeps and tatties”!

Taking advantage of Rabbie Burn’s poem “A Man’s a Man For Awe That” we wanted to show to the wider community, and indeed to the city, that in Drumchapel there are good men who care for the community. Unfortunately, the news in the press about Drumchapel focuses considerably on the negative issues which at times occur. We showed on Friday that there is another side to Drumchapel and that several men contribute to making that other side visible through their contribution, at times silent and not perceived, but meaningful and important, and that they should be recognised.

We also took advantage of Bob Marley’s birthday which is at the beginning of February to link him and his music with Rabbie Burns. Both men took advantage of their art to communicate strong political messages about brother and sisterhood and freedom from all forms of slavery. Martin Luther King Junior was also remembered with his birthday also in February. In honour of these three men and all of the men in Drumchapel we concluded the evening singing together the Redemption Song.



TIME TO REMEMBER FOND MEMORIES OF POPPY LIVINGSTONE

All the Management Committee and staff at Cernach Housing Association were sad to note the passing of Poppy Livingstone in February 2019.

Poppy was a much loved member of the Drumchapel community for many years, and served on Cernach’s Management Committee from 2011 to 2016 as well as serving on the Management Committee of Kendoon Housing Association for many years. Poppy lived in the Kendoon area for a number of years and was well known for her generous spirit and community activities.

She will be sorely missed by all who knew her.



CERNACH GOOD CITIZEN AWARD 2019

Do you have a neighbour, friend or relative who is also a resident of Cernach HA that goes that extra mile for you or someone else or for everyone else:

If so you could nominate them for our new Good Citizen Award which will be presented next August at our AGM. Please complete the form below giving the reasons 'why they deserve this award and hand into our office anytime between now and end of June 2019.



YOUR NAME:

YOUR ADDRESS:

..... **TEL NO:**

NOMINEES NAME:

ADDRESS:

..... **RELATIONSHIP TO YOU:**

REASONS FOR NOMINATION:

.....

GET INVOLVED, IT ONLY TAKES ONE SMALL STEP...

MEMBERSHIP LETS YOU HAVE YOUR SAY

Becoming a member of our Association gives you a real say in the future of your home and local community. Membership means you can stand for election, attend our Annual General Meeting and vote to appoint members to our Board of Management or Community Involvement Groups.

Complete below share membership and hand it in to us with £1.00.



APPLICATION FOR SHARE MEMBERSHIP

I would like to apply for share membership of Cernach Housing Association and enclose £1.00

TITLE: **FIRST NAME:** **SURNAME:**

YOUR ADDRESS:

..... **TEL NO:**

Please return to: Cernach Housing Association Ltd, 79 Airgold Drive, G15 7AJ.
Your application will be placed before the next meeting of the Management Committee.

EASTER BAKING



I bet we have all wondered or should I say dreaded the school holidays, wondering how to keep our wee bunnies busy for two weeks. If it's a drech and damp day, here's a wee recipe for you to keep them out of mischief. There's not too much to it but definitely loads of enjoyment at the end. So get your pinny out and start baking, you never know where it will take you!

Serves: 8+ Prep: 20 mins
Cook: 10 minutes 190 / Gas mark 5. Biscuit cutter needed

INGREDIENTS

- * 85g butter
- * 85g caster sugar
- * 1 lemon (zest)
- * 170g plain flour
- * ½ tsp mixed spice
- * 50g currants
- * 1 egg, beaten

METHOD FOR EASTER BISCUITS

- * Preheat oven to 190°C/375°F/Gas mark 5
- * Cream butter/margarine and sugar until pale
- * Add lemon rind, then fold in flour, mixed spice, currants and enough egg to bind mixture to a stiff dough
- * Roll out biscuit dough to approx 1cm thick and cut out bunny shapes or circles (you can squash these into ovals and call them eggs) with biscuit cutters
- * Put on greased baking trays
- * Re-roll any leftover dough to make more biscuits
- * Bake biscuits for 8-10 minutes until golden brown
- * Sprinkle with extra caster sugar when still hot, then transfer to a wire tray to cool
- * Or wait until cooled and decorate with icing and mini eggs

UPCOMING HOLIDAYS CLOSURES – EASTER WEEKEND

The office will close **Thursday 18th April at 5pm** and reopen again **Tuesday 23rd April at 9.00am**.

In the event of an **EMERGENCY** repair, please use the following contact numbers. These numbers are also available from our website www.cernachha.co.uk.

Central Heating (GAS Central Heating and emergency repairs) 0800 595 595

Gas Leak (SGN): 0800 111 999
Scottish Power: 0800 092 9290
Scottish Water: 0800 7310840



Cernach Newsletter can be downloaded from the Association's website, www.cernachha.co.uk and if requested, Cernach News can be made available in different languages, in Braille and/or on CD. Additionally, we are able to offer a sign or language interpreter free of charge where necessary.

OPENING HOURS:
MON, TUE, THUR & FRI:
9.00am – 5.00pm
WED: 10.00am - 5.00pm



How to contact us:

Cernach Housing Association Ltd.
79 Airgold Drive, Drumchapel
Glasgow G15 7AJ
Tel: 0141 944 3860
Fax: 0141 944 8925
Email: admin@cernachha.co.uk
Website: www.cernachha.co.uk

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